

Cumberland Hospital for Children and Adolescents

Department of Rehabilitation

Group Therapy Programs

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00	Stress/Relax Group (Girls in PM school) OT kitchen & Rehab			Yoga Group PT Gym	
10:00	Stress/Relax Group Boys in PM school OT kitchen & Rehab	Small Group Social Skills	Self- Regulation/Social Skills Group 6B Classroom	Music & Movement Ms. Donald NB Classroom	Small Group Social Skills
11:00	Basic Skills Group-OT Rehab Dept.	Small Group Social Skills	Girls Fit Group PT Gym	Small Group Social Skills	Small Group Social Skills
1:00		Small Group Social Skills	Stress/Relax Group (Boys in AM school) Rehab	Cook Group/Life Skills 11:45-1:30	
2:00	Stress/Relax Group (Girls in AM school) OT Kitchen	Small Group Social Skills	Small Group Social Skills	Small Group Social Skills	Small Group Social Skills
3:00	Small Group Social Skills  Girls Fit Group PT Gym	Small Group Social Skills  Boys Fit Group PT Gym	Small Group Social Skills  Girls Fit Group PT Gym	Small Group Social Skills  Boys Fit Group PT Gym	Small Group Social Skills